

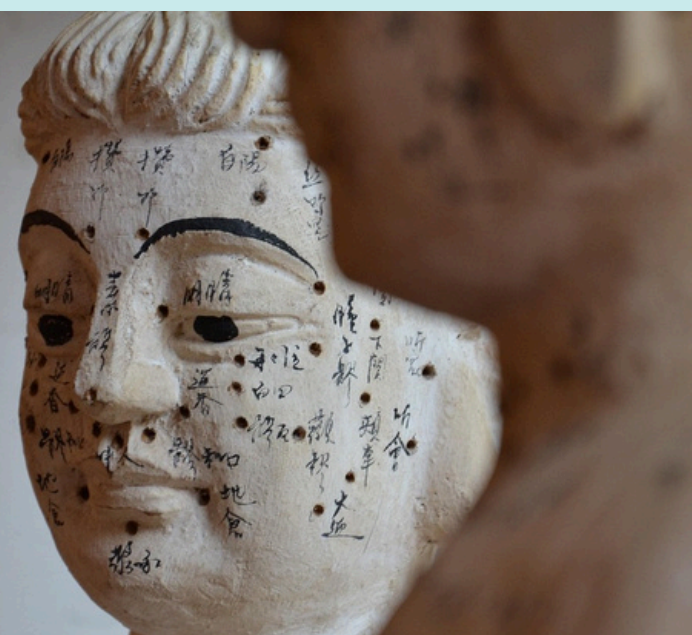
COSMETIC ACUPUNCTURE

A holistic approach to skin health rooted in Traditional Chinese Medicine (TCM), enhancing natural beauty from within.

IDEAL FOR

Cosmetic acupuncture is suitable for anyone seeking natural facial rejuvenation:

- Fine lines and early wrinkles
- Dull or tired complexion
- Puffiness or fluid retention
- Hormonal skin changes
- Stress-related aging
- Preventive anti-aging



Clinical Expertise

Each session lasts approximately 90 minutes and includes:

- **Facial acupuncture**
- **Selected body points for systemic regulation**
- **Guasha & Facial Cupping**
- **Individualized assessment**
- **High end products**
- **Optional lifestyle guidance**

Valerie Roth, a Swiss-trained TCM practitioner integrating Eastern and Western medical approaches. She provides individualized, holistic treatments focused on health, vitality, and natural beauty for everyone.

Valerie maintain advanced postgraduate training in Cosmetic and Facial Acupuncture, learning from internationally recognized specialists, including Michelle Gellis.

BOOK ONLINE



WWW.CAYMANMASSAGE.KY

Contact Us

508 West Bay Road

West Shore Plaza

WhatsApp 345-917-3636

Phone 345-769-3636

FACIAL REJUVENATION with COSMETIC ACUPUNCTURE



Cayman Massage & Wellness

Integrative Wellness

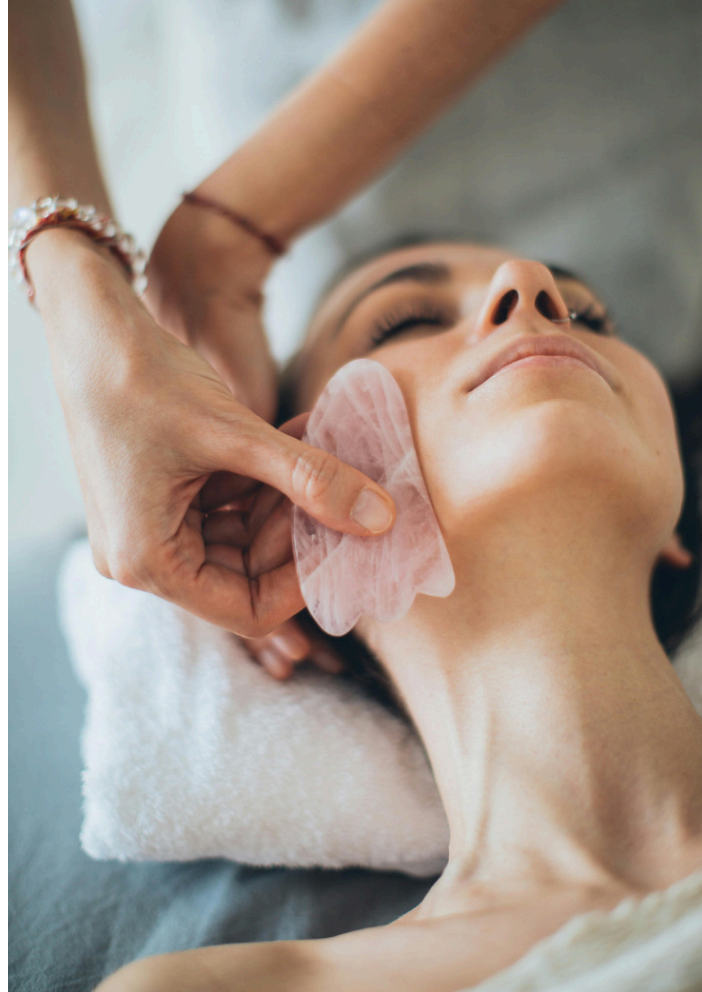
A natural approach to facial rejuvenation, enhancing skin vitality and radiance from within.

Suitable as an alternative or complement to injectable treatments when timed correctly.

PHILOSOPHY

BEAUTY REFLECTS INTERNAL BALANCE

In TCM, the face mirrors the body's internal state. Stress, demanding lifestyles, frequent travel, irregular sleep, and hormonal fluctuations influence how skin ages. Cosmetic acupuncture supports regeneration by addressing both the skin and underlying systemic factors, resulting in refined, natural enhancement — **never artificial change.**



THE METHOD

Ultra-fine sterile needles are placed on carefully selected facial and body points to:

- Stimulate collagen and elastin production
- Improve microcirculation
- Enhance lymphatic drainage
- Soften fine lines
- Improve tone and texture
- Calm the nervous system

Treatments may also include facial cupping, Gua Sha, and premium skincare products to optimize results.



This integrative approach enhances long-term vitality, not just appearance.



MORE THAN SKIN DEEP

Cosmetic acupuncture looks beyond the surface. For lasting results, treatments may include:

- Body acupuncture for systemic balance
- Digestive support
- Lifestyle recommendations
- Stress regulation

